Uterine Fibroid

Introduction - Uterine fibroids (UF) or benign growth found in uterus, are found in 25% to 35% women of reproductive age.

Causes of uterine fibroid

* Most often unclear,
* often found with increased oestrogen levels.
* Genetic factor also plays the role.

Symptoms

* Excessive, prolonged irregular bleeding
* Pain in lower abdomen during menses.

Diagnosis

* USG[abdomen and pelvis]

Conventional treatment

* NSAID’s
* Hormonal tablets
* Intra uterine device
* Hysterectomy

Homopathy treatment-

Early, mild to modeate sized fibroids respond better as compared to larger sized fibroids.Homeopathy treatment is based on totality of symptoms present in the patient.Most often the remedies which have been found usefull are as given below-

* *Calcarea carbonica* ,
* *Pulsatilla* ,
* *Phosphorus* ,
* *Lycopodium* ,
* *Sulphur*
* *Kali carbonica* etc.

There was significant change in size and symptoms of the patients with the treatment.

 Homoeopathic Medicines were prescribed on the basis of repertorization of the symptom totality. The improvement of the patients was assessed subjectively through the clinical symptoms and objectively through USG pelvis

Significant reduction in some of the symptoms/signs as well as in size of fibroid(s) (p= <0.05).  were found to be most useful among the prescribed homoeopathic medicines.